



# Caregiver Community Services Guide

## Chatham-Kent

[ErieStClairhealthline.ca](http://ErieStClairhealthline.ca)

A resource guide dedicated to making the lives of caregivers a little easier.

<b>CHATHAM (HEAD OFFICE)</b>	<b>SARNIA</b>	<b>WINDSOR</b>
712 Richmond St., Box 306 Chatham, ON N7M 5K4 519 436 2222 1 888 447 4468	1150 Pontiac Dr., Box 185 Sarnia, ON N7L 7H9 519 337 1000 1 888 447 4468	5415 Tecumseh Rd. E., 2nd Fl Windsor, ON N8T 1C5 519 258 8211 1 888 447 4468

Services disponible en français

[www.esc.ccac-ont.ca](http://www.esc.ccac-ont.ca)

# Table of Contents

Adult Day Programs	4
Advocacy	4
Caregiver Supports	4
Community Agencies	5
Community Health Centres	6
Emergencies	6
Emergency Response Systems	6
Family Health Teams	6
Finances	7
First Nations	7
Grieving	7
Health Assessments (Medical)	7-8
Health Information	8
Health Tests	8
Home Health Equipment	8
Hospice	9
Hospitals	9
Housing Options	9-10
Legal Matters	10
Long-Term Care Homes	10
Meals	11-12
Nutritional Information	12
Multicultural Organizations	12
Occupational Health	12
Personal Care Assistance	13
Rehabilitation Providers	13-14
Respite, Support and/or Counselling	14
Recreational Activities	14-15
Respiratory/Home Oxygen	15
Transportation	15-16
Victim Support	16

## Caregiver Guide

The purpose of the Caregiver Guide is to support caregivers, their families and friends who require information and access to community support services to assist them in their challenging role of care giving. Although this guide may not cover all community services and supports available to caregivers, we have attempted to provide a comprehensive listing of services most often referenced by our patients and caregivers in the Chatham-Kent, Sarnia-Lambton and Windsor-Essex areas. More comprehensive information regarding available services can be obtained by calling the agency, accessing the websites in this booklet or by calling the Erie St. Clair Community Access Centre at:

**Chatham Office:** 519-436-2222

**Toll Free:** 1-888-248-9978

**[www.esc.ccac-ont.ca](http://www.esc.ccac-ont.ca)**

**ErieStClairhealthline.ca**

Wherever you live in Ontario, it is easy to find community-based health care services for yourself or for a loved one.

## Helpful Tips for the Caregiver

- Keep a diary/notebook to record your thoughts/feelings/actions.
- Encourage good communication and share your feelings.
- Share family responsibilities.
- Help the person remain independent by allowing them to do as much as they can for themselves.
- Know the physician and pharmacist involved. Have a list of medications on hand in the case emergency care is needed.
- Have a list of emergency/frequently called numbers in bold, large print by the telephone.
- Become familiar with legal issues; wills, power of attorney, living wills.
- Have a contingency plan for care in case of caregiver illness.

**TAKE CARE OF YOURSELF TOO**

## Communicating with Agencies

- Have your diary/notebook handy.
- Phone in the morning or right after lunch.
- Record name and extension of the resource person and write down your comments/impressions.
- Be specific and polite but firm.
- Be patient. You may have to repeat your story, be put on hold or your call may be transferred.
- Prepare to invest time in getting your questions answered.
- Be assertive. Do not apologize for asking for help.
- If you are going for an interview or meeting, ask what information you need to bring with you.

## Adult Day Programs

To arrange for an assessment for a Day Program please call Erie St. Clair Community Access Centre at 519-436-2222 or 1-888-447-4468.

Alzheimer Society	Chatham, Ontario	ph: 519-352-1043
Community Living Chatham-Kent Day Program	Chatham, Ontario	ph: 519-352-1174 ext. 227
Maple City Residence - Day Assistance Program for Adult Seniors	Chatham, Ontario	ph: 519-354-7111
New Beginnings Club House	Chatham, Ontario	ph: 519-351-0279
St. Andrew's Day Program	Chatham, Ontario	ph: 519-354-8103

## Advocacy

Elder Abuse- Advocacy Centre for the Elder		ph: 1-416-598-2656
--	--	--------------------

## Caregiver Supports

Alzheimer Society	Chatham, Ontario	ph: 519-352-1043
Canadian Hearing Society	Chatham, Ontario	ph: 519-354-9347
Canadian Mental Health Association	Chatham Ontario	ph: 519-351-6144
Community Living	Wallaceburg, Ontario	ph: 519-627-0745
Family Services Kent Caregiver Counselling Community Home/Support Assisting People (CHAP)	Chatham, Ontario Chatham, Ontario	ph: 519-354-6221 ph: 519-354-6221
First Nations Health Centres	Walpole Island	ph: 519-627-8421
Kidney Foundation	Chatham, Ontario	ph: 519-352-0049
MS Society Client Services	Chatham, Ontario	ph: 519-351-2008
Heart and Stroke Foundation	Chatham, Ontario	ph: 519-354-6232
Ontario March of Dimes	London, Ontario	ph: 1-866-496-8603
Parkinson's Support Group	Chatham, Ontario	ph: 519-352-4366
Prism Centre (Children)	Chatham, Ontario	ph: 519-354-0520
Public Health Unit	Chatham, Ontario	ph: 519-352-7270
Victorian Order of Nurses Geranium House Palliative Volunteers Geranium House	Chatham, Ontario Chatham, Ontario	ph: 519-352-5515 ph: 519-352-4462

## Community Agencies

All of these organizations provide services and or supports in the home or community. Some of these services are available at no cost.

ALS Society of Ontario	Toronto, Ontario	ph: 1-866-611-8545
Alzheimer Society	Chatham, Ontario	ph: 519-352-1043
Arthritis Society	London, Ontario	ph: 1-866-466-0501
Assisted Devices Program	Toronto, Ontario	ph: 1-800-268-6021 TTY: 1-800-387-5559
Assisted Living Southwestern Ontario		ph: 519-969-8188
Brain Injury Association	Chatham, Ontario	ph: 519-351-0297
Canadian Cancer Society	Chatham, Ontario	ph: 519-352-3960
Canadian Diabetes Association	Chatham, Ontario	ph: 519-351-6020
Canadian Hearing Society	Chatham, Ontario	ph: 519-354-9347
Canadian Mental Health Association	Chatham, Ontario	ph: 519-351-6144
Canadian National Institute for the Blind (CNIB)	London, Ontario	ph: 1-800-265-4127 TTY: 1-866-385-3433
Canadian Paraplegic Association	London, Ontario	ph: 1-866-433-9888
Community Living	Chatham, Ontario Wallaceburg, Ontario	ph: 519-352-1174 ph: 519-627-0777
Erie St. Clair Community Care Access Centre	Chatham, Ontario	ph: 519-436-2222 ph: 1-888-447-4468
Heart & Stroke Foundation	Chatham, Ontario	ph: 519-354-6232
Kidney Foundation	Chatham, Ontario	ph: 519-352-0049
MS Society	Chatham, Ontario	ph: 519-351-2008
Neighbour Link of Chatham-Kent Rev. McPhail	Chatham, Ontario	ph: 519-352-5647
Ontario AIDS Network	Toronto, Ontario	ph: 1-800-839-0369
Ontario Lung Association	London, Ontario	ph: 519-453-9086
Ontario March of Dimes	Chatham, Ontario	ph: 519-351-8464
Palliative Pain & Symptom Management Consultant: Ann Brignell	Chatham, Ontario	ph: 519-542-1686
Public Health Unit	Chatham, Ontario	ph: 519-352-7270
Veteran's Affairs Canada (VAC)		ph: 1-866-522-2122 (English) ph: 1-866-522-2022 (French)

## Community Health Centre

Chatham-Kent Community Health Centre	150 Richmond St. Chatham, Ontario	ph: 519-397-5455
--------------------------------------	--------------------------------------	------------------

## Emergencies

If you need immediate assistance, please dial 911 for Ambulance, Fire or Police.

### Non-Emergency Calls

Ambulance Services	Chatham, Ontario	ph: 1-800-277-9931
Chatham Police	Chatham, Ontario	ph: 519-352-1234
Ontario Provincial Police		ph: 1-888-310-1122
Poison Information centre		ph: 1-888-268-9017

## Emergency Response Systems

Monitored medical alarm system suppliers.

Connect Care		ph: 1-888-298-6116
First Call		ph: 1-800-463-6425
Galaxy Medical Alert Systems		ph: 1-800-945-5027 ph: 519-945-5027
Life Call		ph: 1-800-661-5433
Medical Alert		ph: 1-800-668-1507

## Family Health Teams

Chatham/Kent Family Health Team	20 Emma St. Chatham, Ontario	ph: 519-354-2172
Thamesview Family Health Team	465 Grand Ave. W. Chatham, Ontario	ph: 519-354-0070
Tilbury District Family Health Team	20 Mill St. W. Tilbury, Ontario	ph: 519-682-2307
Wallaceburg Community Medical Centre	30 McNaughton Ave. Wallaceburg, Ontario	ph: 519-627-1497

## Finances

Assisstive Devices Program		ph: 1-800-268-6021 TTY: 1-800-387-5559
Department of Veterans Affairs		ph: 1-866-522-2122
Easter Seals Society	Windsor, Ontario	ph: 519-944-0044
Government of Canada- Income Security (CPP, OAS)		ph: 1-800-277-9914
Home Rehabilitation/Repair Grant		ph: 519-873-2400
Loads of Love	Chatham, Ontario	ph: 519-352-0911
Ministry of Community & Social; Children & Youth Services		ph: 519-352-5050
Ministry of Finance Information Centre		ph: 1-800-263-7965
Municipality of Chatham/Kent	Chatham, Ontario	ph: 519-360-1998
Ontario Disability Support Program	Chatham, Ontario	ph: 519-352-5040 ph: 1-800-265-2704 TDD/TTY: 519-352-6008
Ontario Drug Benefit-Health Ontario Help Line		ph: 1-800-668-6641

## First Nations Health Centre

Moraviantown	Chatham, Ontario	ph: 519-692-3969
--------------	------------------	------------------

## Grieving

Canadian Mental Health Association	Chatham, Ontario	ph: 519-436-6100
Family Services	Chatham, Ontario	ph: 519-354-6221
VON Chatham-Kent: Geranium House	Chatham, Ontario	ph: 519-352-4462

## Health Assessments

Chatham Walk-in Clinic	Chatham, Ontario	ph: 519-351-2273
Adelaide Place Clinic (Nurse Practitioner)	67 Adelaide St. S. Chatham, Ontario	ph: 519-355-1071
Tilbury Family Practice Walk-in Clinic	15 Mill St. E. Tilbury, Ontario	ph: 519-682-3699

## Health Information

Need a Family Physician or Health Care Provider? Call Health Care Connect at 1-800-445-1822 or register on-line at: [www.ontario.ca/healthcareconnect](http://www.ontario.ca/healthcareconnect).

Telehealth Ontario (Free & Confidential access to a nurse 24 hours per day 7 days per week)		ph: 1-866-797-0000
Health Care Information System		ph: 1-888-664-8988
Health Card Renewal		ph: 1-800-268-1154

## Health Tests

Chatham Medical Imaging	Chatham, Ontario	ph: 519-354-2493
Gamma Dynacare Lab	Chatham, Ontario	ph: 519-354-8185
Life Labs	Chatham, Ontario	ph: 519-354-0969 ph: 1-877-849-3637

## Home Health Equipment

See also Yellow Pages under Home Health Services & Supplies. \* Assistive Devices Program Local Registered/ Authorized Vendors for Wheelchairs/Positioning and Ambulation Category.

Jackson's Pharma Plus	Wallaceburg, Ontario	ph: 519-627-3388
Medical Motion	Wallaceburg, Ontario	ph: 519-397-9322
*Motion Specialties	Chatham, Ontario	ph: 519-358-7096
Red Cross Care Partners	Chatham, Ontario	ph: 519-352-2510
Shoppers-Home Health (St. Clair St.)	Chatham Ontario	ph: 519-351-7272
Shoppers/Therapy Supplies (LaCroix St.)	Chatham, Ontario	ph: 519-354-6555
Tilbury Pharmacy	Tilbury, Ontario	ph: 519-682-0867
Tilbury Leisure Centre	Tilbury, Ontario	ph: 519-682-1020
Vital Air	Chatham, Ontario	ph: 519-436-1414

\* Equipment may also be available on loan from the Canadian Legion, MS Society, etc.



## Hospice

St. Joseph's Hospice Resource Centre of Sarnia-Lambton	110 Water St. Sarnia, Ontario	ph: 519-337-0537
--	----------------------------------	------------------

## Hospitals

Chatham/Kent Health Alliance Grand Ave Campus		ph: 519-973-4444 TTY: 519-973-4432
Leamington District Memorial Hospital	Leamington, Ontario	ph: 519-322-2501
London Health Sciences Centre	London, Ontario	ph: 519-685-8500
London Regional Cancer Clinic	London, Ontario	ph: 519-646-6000
Windsor Regional Cancer Centre	Windsor, Ontario	ph: 519-253-5253
Windsor Regional Children's Centre	Windsor, Ontario	ph: 519-257-5215

## Housing Options

The following organizations provide housing and include Rest & Retirement homes, supportive housing and/or short term urgent housing. Short stay residential respite is also available through the Community Care Access Centre in LTC Homes (See information on the following page).

To access assessments for \*Supportive Housing please call the Community Care Access Centre at 519-436-2222 or toll-free at 1-888-447-4468.

Blenheim Community Village	Blenheim, Ontario	ph: 519-676-8119
Canadian Mental Health Association	Chatham, Ontario	ph: 519-436-6100
Chatham Retirement Resort	Chatham, Ontario	ph: 519-351-7777
Eden Villa	Chatham, Ontario	ph: 519-354-2273
Francis Place	Thamesville, Ontario	ph: 519-692-3367
Chatham/Kent Housing Authority	Chatham, Ontario	ph: 519-351-8573
Hudson Manor	Tilbury, Ontario	ph: 519-682-3366
Maple City Retirement Resort	Chatham, Ontario	ph: 519-354-7111
New Beginnings	Ridgetown, Ontario	ph: 519-674-3434
Ontario March of Dimes* Supportive Housing	Chatham, Ontario	ph: 519-351-8464
Park Street Place	Desden, Ontario	ph: 519-683-4474
Red Cross Supportive Housing*	Chatham, Ontario	ph: 519-352-4264

## Housing Options

continued...

Residence on the Thames	Chatham, Ontario	ph: 519-351-7220
Salvation Army Family Services	Chatham, Ontario	ph: 519-354-1430
St. Andrew's Residence	Chatham, Ontario	ph: 519-354-8103
Sunrise Park Lodge	Tilbury, Ontario	ph: 519-682-0657
Sydenham Residence	Wallaceburg, Ontario	ph: 519-627-0719
Thamesville Manor	Thamesville, Ontario	ph: 519-692-4316
The Village	Ridgetown, Ontario	ph: 519-674-5427
Trillium Retirement Apts.	Chatham, Ontario	ph: 519-351-5801
Women's Centre	Chatham, Ontario	ph: 519-354-6360

## Legal Matters

Chatham/Kent Police	Chatham, Ontario	ph: 519-436-6600
Office of the Public Guardian and Trustee		ph: 1-800-366-0335
Psychiatric Patient Advocate Office		ph: 1-800-578-2343
Lawyer Referral Service		ph: 1-800-268-8326
Legal Aid	Chatham, Ontario	ph: 519-352-1631
Legal Assistance	Chatham, Ontario	ph: 519-351-6771

## Long-Term Care Homes

Long Term Care Homes (LTCH) are designed to provide accommodation and services to people who need access to 24 hour nursing care or supervision.

Please call the Erie St. Clair Community Care Access Centre at 310- CCAC for an assessment and completion of an application. Short term respite care is also available in long-term care homes through the Community Care Access Centre.

Information is also available on the Erie St. Clair Community Care Access Centre website at <http://www.esc.ccac-ont.ca> or on the Erie St. Clair Healthline at <http://www.eriesticclairhealthline.ca>.

Information can also be viewed on the Ministry of Health Website at the following address: [http://www.health.gov.on.ca/english/public/program/ltc/26\\_reporting.html](http://www.health.gov.on.ca/english/public/program/ltc/26_reporting.html). This site can provide you with different types of information regarding long-term care homes including the location of any home in Ontario, Ministry inspection reports and/or verified concerns and an ability to compare the listings of up to five (5) homes at one time.

Blenheim Community Village	Blenheim, Ontario	ph: 519-676-8119
Copper Terrace	Chatham, Ontario	ph: 519-354-5442
Fairfield Park	Wallaceburg, Ontario	ph: 519-627-1663

## Long-Term Care Homes

Meadow Park	Chatham, Ontario	ph: 519-351-1330
Riverview Gardens	Chatham, Ontario	ph: 519-352-4823
The Village	Ridgetown, Ontario	ph: 519-674-5427
Tilbury Manor	Tilbury, Ontario	ph: 519-682-0243

## Meals

Comfort and Soul	Chatham, Ontario	ph: 519-359-4349
Family Services Kent CHAP/Frozen Meals	Chatham, Ontario	ph: 519-354-6221
Lambton Elderly Outreach *Wallaceburg residents: Monday, Wednesday and Friday only. - \$7.00 chg*		ph: 1-800-265-0203
Maple City Residence	Chatham, Ontario	ph: 519-354-7111
Park Street Place Residence	Chatham, Ontario	ph: 519-683-4474

## Meals (Grocery Delivery)

Harvey's Food Market * No charge in town.	Bothwell, Ontario	ph: 519-695-2842
Foster Meats *No charge to shut-ins.		ph: 519-627-2541
Ridgetown Foodland *\$3.00 chg. in town; \$4.00 chg. out of town for or- ders over \$40.00. Place orders Mon-Fri by noon. 5% seniors discount on Wednesdays.	Ridgetown, Ontario	ph: 519-674-5270
Sobey's Blenheim *Tuesdays-Place order before 10:00 a.m.-\$5.00 chg.	Blenheim, Ontario	ph: 519-676-9044
Sobey's Wallaceburg *Tuesday-Place order before 11:00 a.m.-\$9.00 chg.	Wallaceburg, Ontario	ph: 519-627-9911
St. Clair St-Shopper's Drug Mart * Free delivery over \$30.00 before taxes; Free deliv- ery if accompanied with a prescription; everything else \$5.00 delivery fee.	Chatham, Ontario	ph: 519-352-3200

## Meals on Wheels (Frozen Meals)

	Blenheim, Ontario	ph: 519-676-8119
	Bothwell, Ontario	ph: 519-693-7111 ext. 489
	Chatham, Ontario	ph: 519-354-0791
	Dresden, Ontario	ph: 519-683-4892
	Ridgetown, Ontario	ph: 519-674-2146 ph: 519-674-5427
	Wheatley, Ontario	ph: 519-326-8629
	Mitchell's Bay	ph: 519-352-4777

## Nutritional Information

Chatham-Kent Public Health Service	Chatham, Ontario	ph: 519-352-7270
------------------------------------	------------------	------------------

## Multicultural Organizations

Canadian Citizenship & Immigration Canada	Windsor, Ontario	ph: 1-888-242-2100
Immigrant Parent and Child Training South Essex Community Council	Leamington, Ontario	ph: 519-332-3536
Multicultural Council of Windsor-Essex County	Windsor, Ontario	ph: 519-255-1127
New Canadians Centre of Excellence	Windsor, Ontario	ph: 519-258-4076
Windsor Women Working with Immigrant Women	Windsor, Ontario	ph: 519-973-5588

## Occupational Health

Occupational Health Clinics for Ontario Workers	3129 Marentette Ave. Unit 1 Windsor, Ontario	ph: 519-973-4800
--	--	------------------

## Personal Care Assistance

The Community Care Access Centre can provide you with an assessment for health and support services. Please call the Erie St. Clair Community Access Centre at 519-436-2222 or 1-888-447-4468.

The following organizations are available to provide this service. Private services are available. Call for specific information.

Bayshore Healthcare	Chatham, Ontario	ph: 519-354-2019
Ontario March of Dimes	Chatham, Ontario	ph: 519-351-8464
Physical Relief Health Care Services		ph: 1-888-663-9504
Red Cross Care Partners	Chatham, Ontario	ph: 519-352-4264
VHA Home Healthcare	Chatham, Ontario	ph: 519-351-4414
Victorian Order of Nurses	Chatham, Ontario	ph: 519-352-5515

## Rehabilitation Providers

\* Private Pay - Assistive Devices Program Authorizers - wheelchairs and mobility aids.

### Physiotherapists:

Activaidd	Chatham, Ontario	ph: 519-358-7342
Blenheim Physio Therapy	Blenheim, Ontario	ph: 519-676-1192
Grand Avenue Physiotherapy	Chatham, Ontario	ph: 519-354-5217
*Pace Home Care		ph: 1-888-663-9504
Russolo Physiotherapy Clinic	Chatham, Ontario	ph: 519-358-1590
Steps Physical Therapy	Wallaceburg, Ontario	ph: 519-627-9696
*Sunnyside Rehab	Tecumseh, Ontario	ph: 519-739-6061
Tilbury Rehab	Tilbury, Ontario	ph: 519-682-4247
Woodall Physiotherapy Clinic	Chatham, Ontario	ph: 519-351-0363

## Rehabilitation Providers *continued...*

### Occupational Therapists:

*Pace Home Care		ph: 1-888-663-9504
*Sunnyside Rehab	Tecumseh, Ontario	ph: 519-739-6061

### Speech Language Pathologists:

Bayshore Therapy and Rehab	Windsor, Ontario	ph: 519-974-5953
Karine Pepin	Windsor, Ontario	ph: 519-255-9494

### Dieticians:

Nutritional Management Services		ph: 1-800-265-2907
---------------------------------	--	--------------------

## Respite, Support and/or Counselling

Short term respite and supportive care can be accessed through the Erie St. Clair CCAC Community Care Access Centre by calling 519-436-2222 or 1-888-447-4468.

Alzheimer Society	Chatham, Ontario	ph: 519-352-1043
Assisted Living Southwestern Ontario		ph: 519-969-8188
Canadian Mental Health Association		ph: 519-436-6100
Family Services Kent	Chatham, Ontario	ph: 519-354-6221
VON Chatham-Kent Geranium House (Palliative Care Services)	Chatham, Ontario	ph: 519-352-4462
MS Society	Blenheim, Ontario	ph: 519-676-7420

## Recreational Activities

Social and recreational activities are available in these centres. Call for specific information.

Active Lifestyle Centre for Older Adults	20 Merritt Ave. Chatham, Ontario	ph: 519-352-5633
Blenheim & Community Senior Centre	90 Catherine St. Blenheim, Ontario	ph: 519-676-3894
Bothwell Senior Centre	384 Peter St. Bothwell, Ontario	ph: 519-695-3547
Ridgetown & Community Senior Centre	19 Main St. W. Ridgetown, Ontario	ph: 519-674-5126

## Recreational Activities

Social and recreational activities are available in these centres. Call for specific information.

Thamesville Happy Club	96 London Rd, Thamesville, ontario	ph: 519-692-4546
Tilbury Leisure Centre	10 Canal St. W. Tilbury, Ontario	ph: 519-682-1020
Wallaceburg Senior Citizens Club	205 James St. Wallaceburg, Ontario	ph: 519-627-6224
WISH Centre	177 King St. E. Chatham, Ontario	ph: 519-354-5248

## Respiratory/Home Oxygen

ProResp	365 Grand Ave. Chatham, Ontario	ph: 519-354-1301
Vital Air	57 Centre. St. Chatham, Ontario	ph: 519-436-1414

## Transportation

Aboutown Transportation	Chatham, Ontario	ph: 519-351-4033 ph: 1-877-663-2121
Ambulance (Tilbury to Grand Bend)		ph: 519-352-2340
Canadian Cancer Society	Chatham, Ontario	ph: 519-352-3960
Chatham Handi Bus	Chatham, Ontario	ph: 519-352-8401 ext. 3981
Chatham Transit	Chatham, Ontario	ph: 519-436-3233
Easter Seal Society (Children)		ph: 1-888-535-5623
Family Services Kent (CHAP) (Wheelchair Accessible Van)	Chatham, Ontario	ph: 519-354-6221
Helping Hands	Chatham, Ontario	ph: 519-355-1654
Ministry of Transportation		ph: 519-352-6154
Non Emergency Ambulance		ph: 519-258-2155
Royal Canadian Legion (Veterans and Dependents only)		ph: 519-336-2841

## Transportation

Sports Medic	Chatham, Ontario	ph: 519-351-8680 ph: 1-866-550-2052
Sun Parlour Ambulance	Chatham, Ontario	ph: 519-380-0793
Tilbury Help Centre	Tilbury, Ontario	ph: 519-682-2268
Voyageur Patient Transfer Services	Chatham, Ontario	ph: 519-354-4441
Wallaceburg Specialized Transit	Wallaceburg, Ontario	ph: 519-360-1998 ext. 3981

## Victim Services/Support

Sexual Assault Crisis Centre	Chatham, Ontario	ph: 519-354-8688
Chatham-Kent Women's Centre	Chatham, Ontario Wallaceburg, Ontario	ph: 519-354-6360 ph: 519-627-7882 24 hr Crisis Line: 1-800-265-0598
The Ontario Network for Prevention of Elder Abuse- Victim Support Line		ph: 1-888-579-2888
Chatham-Kent Victim Services	Chatham, Ontario	ph: 519-436-6630
Kids Help Phone		ph: 1-800-668-6868
Victim Services	Chatham, Ontario	ph: 519-436-6630
Support-Link Line		ph: 519-949-2710